**BURNLEY GROUP PRACTICE**

New Patient Registration – Information for Patients prescribed long-term Hypnotics, Benzodiazepines or Opiates – Zero Tolerance Policy

Drugs such as Benzodiazepines (Temazepam, Nitrazepam, Loprazolam, Diazepam and Lormetazepam) and Z drugs (Zopiclone, Zolpidem and Zaleplon) are only licensed for short term use. These medicines are not routinely on REPEAT prescriptions.

Burnley Group Practice routinely implements reduction programmes for patients of the surgery who have been on long term use of these hypnotics.

In line with this practice policy, Burnley Group Practice will start a reduction programme for any newly registered patients who have been on these hypnotic’s long term, unless they fall into one of the following categories:

• patients with severe mental health problems under care of a psychiatrist

• on benzodiazepines for treatment of epilepsy

• seriously or terminally ill patients

To register with Burnley Group Practice, if you are prescribed any of these drugs, you will have to agree to commence a reduction programme, unless you fall into one of the categories above.

Burnley Group practice has an opiate prescribing policy which involves an initial review with a clinician, to assess if the prescription is appropriate. Opiate medication (Tramadol, Fentanyl, Oxycodone, Codeine, Dihydrocodeine, Morphine, Buprenorphine) and Pregabalin/ Gabapentin will be reviewed and assessed regularly. If the clinician feels it is appropriate to initiate a reduction, this will be actioned as part of the opiate policy.

To register with Burnley Group Practice, you are agreeing to commence a reduction plan if applicable.

Patient Signature:

Date: